

# **NONDUAL** TEACHER and THERAPIST **TRAININGS**

2010 - 2011

USA, California, Santa Cruz  
EUROPE, France, Paris

LED by PETER FENNER, Ph.D.

Founder of Timeless Wisdom and Creator of Radiant Mind®

**T**he 10 month NONDUAL TEACHER and THERAPIST TRAINING is designed for people who wish to expand and refine their capacity to offer nondual awareness as a component of their teaching, coaching or psychotherapy with individuals or groups.

The Training is based on the synthesis of Asian nondual approaches that has been developed by Peter Fenner. Peter's approach has been refined and tested over 35 years by thousands of people in workshops, Trainings and retreats. His synthesis draws on the most powerful aspects of traditions such as Madhyamika, Dzogchen, Mahamudra, Zen and Advaita. These are woven into a form of space creation and facilitation that is refined, minimalist, smooth, and very efficient in the delivery of the pure nondual contentless transmission in an interactive group setting.

### *A dynamic learning environment*

The Training is unique in bringing together people from diverse traditions and backgrounds. Together we create a learning space that radically enhances everyone's capacity to embody and share nondual awareness with their clients, communities and beyond. The framework for the Training provides a model and set of distinctions for discerning the subtleties of nondual transmission.

Participants share and demonstrate their own experiments and learning with others in the Training. Participants refine their capacities for nondual transmission through field work in which they share nondual awareness through dialogs and contemplation with people outside of the Training. Participants learn through their own active engagement and focused feedback from Peter and other participants. The Training is thoroughly experiential. Together we create a depth of immersion in sharing the nondual that is unique.

## *This training is designed for*

- Therapists and mental health professionals who want to explore the contribution of nonduality in individual therapy and group work.
- People who have a grounding in a nondual spiritual approach such as Dzogchen, Zen or Advaita and feel they are ready to share their wisdom with others.
- Meditation teachers who wish to introduce a nondual dimension into their practical guidance and dharma discussions.
- People who give satsang who wish to enhance their capacity to share nondual awareness and expand the reach of their transmission.
- Graduates of the 9 month Radiant Mind Training who wish to facilitate practice groups based on Radiant Mind resources.



## *The themes of the training include*

- Presencing nondual awareness within oneself as the basis for all nondual transmission.
- Discovering your own style and process for nondual transmission.
- Learning to distinguish and reveal the atemporal, impersonal, unconditioned dimension through dialogue and silence.
- Deconstructing yourself: working with your own conditioned identities that can arise in nondual facilitation.
- Not getting lost in personal experience: your own and others'.
- Resting in, and responding from, nondual awareness in high intensity situations.



## ... themes of the training include



- Recognizing and learning how to work at the result level; from the place where there is no time lag between communication and realization.
- Conversations for bringing awareness into the here and now: the present moment where nothing can be missing and everything is taking care of itself.
- Working with questions and concerns around choice, ignorance, love, motivation, and integrating the nondual into daily life.
- Functioning beyond comfort and discomfort.
- The creative function of ambiguity and the conversion of confusion into objectless awareness.
- Removing concepts: tracking and managing the gradient of the nonconceptual transmission.
- Reducing slippage: not getting caught in theories, explanations, advice, recommendations or techniques.
- Learning how to *talk from within* the state of unconditioned awareness, and how to use this ability as a tool for inducing this state in others.
- Listening to, and silently engaging with, the dynamic field of nonverbal conversations that invariably arise in nondual group work.
- Discerning different qualities of silence: sensing if people are in deep meditation or protecting their beliefs.
- Creating the conditions for natural contemplation: the effortless unfolding of deep meditation in nondual awareness.
- Allowing silence to emerge in an uncontrived manner.
- Not conditioning the space: being in the place where everything is possible in the next moment.
- Pure listening and speaking: beyond interest and disinterest, beyond validation or invalidation.

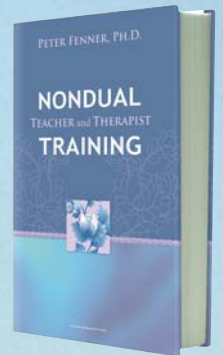


- Correcting the oscillation between polarized beliefs: gently moving people into positionlessness.
- Nothing to defend or avoid: working with the misconception that nondual awareness bypasses the relative.
- Letting things be: noninterference and the auto-liberation of thoughts and feelings.
- Giving people nothing to think about: creating a foundation of alert serenity.
- Observing the tendency for people to experientialize the state of nondual awareness.
- Nothing is wrong (or right): not making problems out of problems.
- Inclusion and differentiation: subtleties in the use of “I”, “you” and “we.”
- The nondual use of “I” and “you”: being no one having an identity.
- Learning how to identify if someone is: talking from within nondual awareness; talking from a past recognition; or talking from concepts.
- Nondual dialogue: creating bridges to the unconditioned.
- Dance steps—easy methods for moving out of the mind into nondual awareness.
- Recognizing the soft spot in a construction.
- Nuanced inductions: gaining spontaneous access to a rich palette of interactions for deconstructing points of reference.
- Talking about nothing: learning how to produce coherent conversations that have no subject matter.
- Easing people into contentlessness by listening for the four main ways through which the nondual is expressed.
- Playing in the paradoxes and absurdities of nondual awareness.
- Using checking questions to determine the purity of the nondual state and emptying the space of conceptual residues.



## Structure of the training

- **Three four day retreats**, one at the beginning, one in the middle, and another at the completion of the Training.
- **A comprehensive workshop manual.**
- **Eight teleconferences** with Peter and other participants.
- **Four individual coaching sessions** with Peter.
- A vital and supportive **training community.**
- Working with the training materials in **your own practice community.**
- **Optional coaching** is offered to participants who need support in establishing practice groups.



## Requirements



Acceptance into the Training is through an online application form. If we have any questions about your application, we will arrange a telephone interview. In the Training you will work with a group of your own. This can be an informal group of friends you bring together on a regular basis to engage in nondual work. It could be a group of professional colleagues who work together to explore the parameters of nonduality in therapy. It may be a sangha or community you are already guiding in meditation, dharma or satsang. If you don't already have an existing group we will help you establish this.

## *Our invitation*

If many of the themes in this brochure make sense to you, you may be well prepared for this Training. If you feel that this Training could be the next step in your own evolution, please complete and send in an online application form.

You are also welcome to contact us to answer any questions and give you more details. Places in the Training are limited so we recommend that you apply without delay.

## *When and where?*

### **USA, California, Santa Cruz**

#### ***Land of the Medicine Buddha***

Beginning workshop: **March 18 - 21, 2010**

Middle workshop: **August 30 - September 2, 2010**

Completing workshop: **February 3 - 6, 2011**

### **EUROPE, France, Paris**

#### ***Centre Zen Kwan Um***

Beginning workshop: **July 1 to 4, 2010**

Middle workshop: **November 18 to 21, 2010**

Completing workshop: **March 17 to 20, 2011**

## *Fee*

**USA: \$3200** (if full payment received on or before January 18, 2010)

**\$3400** (if full payment received after January 18, 2010)

**EUROPE: 2100 €** (if full payment received on or before April 30, 2010)

**2250 €** (if full payment received after April 30, 2010)

Payments in excess of the full fee will be very graciously received and placed in a scholarship fund to support participants who are unable to afford the full fee for the Training.

Partial scholarships may be available to qualified participants who are unable to afford the full fee. The level of support will be determined on a needs basis and the size of the scholarship fund.



## About Peter Fenner

Peter is a leader in the adaptation and transmission of Asian nondual wisdom in North America, Europe and Australia. He is a pioneer in the development of nondual therapy. He was a celibate monk in the Tibetan Buddhist traditions for 9 years and has a PhD in the philosophical psychology of Mahayana Buddhism. He has held teaching positions at universities in Australia and the USA. He has written extensively on Buddhist nondual traditions. His books include *Radiant Mind: Awakening Unconditional Awareness* (2007); *The Edge of Certainty: Dilemmas on the Buddhist Path* (2002); *The Sacred Mirror: Nondual Wisdom and Psychotherapy* (ed. with John Prendergast and Sheila Krystal, 2003).



Peter designed and delivers the well known 9 month Radiant Mind Course. He has presented his unique synthesis of Asian nondual liberating wisdom in forums such as Naropa University, California Institute for Integral Studies, Omega Institute, ZIST (Germany), Terre du Ciel (France) and many educational institutions including JFK University, Saybrook College, Stanford Medical School and Columbia University. Peter was instrumental in founding the Nondual Wisdom and Psychotherapy cycle of conferences in San Francisco.

Peter has a unique ability to teach others how to offer direct, nondual transmission to seasoned practitioners and new seekers alike.

Visit our website to watch the video and APPLY ONLINE:

[www.nondualtraining.com](http://www.nondualtraining.com)

### Further information

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